# Safeguarding Children - Level 1

## Introduction

This course will help to ensure that all people working with or who have contact with children and young people are equipped to carry out their safeguarding responsibilities effectively.

## Audience

This Safeguarding Children Level 1 course is intended for all staff and volunteers working in Bexley.

Bexley Safeguarding Partnership for Children and Young People identifies four target groups:

Group 1 - Staff / volunteers who have occasional contact with children and young people.

Group 2 - Staff/volunteers who might get involved in safeguarding processes.

Group 3 - Staff where a substantial amount of time is spent working with vulnerable and at risk children and young people.

Group 4 - Safeguarding Champions.

## Objectives

This course will enable you to:

- Learn the background and legal basis for safeguarding
- Understand the importance of serious case reviews
- Understand the origins and core functions of Local Safeguarding Children's Boards
- Know what is meant by safeguarding and child protection
- Learn the definition of child protection and child abuse
- Understand the concept of significant harm
- Learn the key principles of child protection
- Know what to do if child abuse is suspected
- Know who abuses children
- Learn the definitions of physical abuse, emotional abuse, sexual abuse and neglect
- Know the causes of abuse
- Learn how to recognise signs of abuse from the victim and perpetrator
- Know the effects of abuse on children
- Learn how to and how not to respond to concern that a child is at risk of harm
- Know what information to record
- Know what to do if you have concern
- Learn how to respond to a disclosure or allegation of abuse or neglect

## Modules

This course contains the following modules:

**Module name**
Background to Safeguarding Children
Introduction to Child Abuse
Recognising Abuse and Neglect
If You Have Concern
Responding to a Disclosure - What You Should Do

## Content

Here are some topics covered in this course:

Everyone's business | Safeguarding and child protection | Who are we safeguarding | Timeline of serious incidents, serious case reviews, legislation, investigations and guidance | Findings and failings | Working together to safeguard children | Children and Social Work Act 2017 | Information sharing | Safeguarding myths | What are we safeguarding children from? | Definition of child abuse and significant harm | Parenting and abuse | How to establish whether there is significant harm | Children's social care | Who abuses children and the forms of abuse | Indicators of abuse and how children respond | Important principles | Building trust | Definition and causes of physical abuse | Signs from the victim and abuser | Effects on children | Definition and causes of emotional abuse | Components and signs of emotional abuse | Definition and signs of sexual abuse | Grooming | Disclosure | Definition of neglect | Contributing factors and vulnerable children | Making promises | Discussing with colleagues | Waiting | Designated safeguarding lead | Recording concerns | Police involvement | Responding to a disclosure – what children want and what they fear | Types of disclosure | Supporting the child | Putting safety first | Communicate appropriately | Observing | Recording | Explain what happens next | Role of the designated person | Actions to undertake and to avoid | Local guidance and protocols